

## Ombersley Endowed First School PE and Sport Curriculum Map 2022/23

Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>R</b>	OAA ~ Forest School Introduction to PE Unit 2	OAA ~ Forest School Fundamentals Unit 2	OAA ~ Forest School Dance Unit 2	OAA ~ Forest School Gymnastics Unit 2	OAA ~ Forest School Ball Skills Unit 2	OAA ~ Forest School Games Unit 2
<b>1</b>	OAA ~ Forest School Ball Skills Fundamentals	OAA ~ Forest School Fitness Dance	OAA ~ Forest School *Yoga Sending and Receiving	OAA ~ Forest School *Invasion Rugby Tots Gymnastics	OAA ~ Forest School Team Building *Net and Wall	OAA ~ Forest School Striking and Fielding Athletics
<b>2</b>	OAA ~ Forest School Ball Skills Fundamentals	Fitness Sending and Receiving	*Yoga Dance	*Invasion Rugby Tots Gymnastics	Team Building *Net and Wall	Striking and Fielding Athletics
<b>3</b>	Swimming *Tennis Fundamentals Y3/4	Swimming *Hockey	Yoga *Dance	*Football Gymnastics	Swimming *Cricket	Swimming Athletics OAA
<b>4</b>	Swimming *Tennis Ball Skills Y3/4	Swimming *Hockey	Yoga *Dance	*Football Gymnastics	Swimming OAA ~ Bell Boating Pioneer centre *Cricket	Swimming Athletics Rounders

\*Outside coach