

Hello, I'm Chloe!

I am your school's Education Mental Health Practitioner!



- I work with young people and their parents/carers who are experiencing mental health difficulties. This could look and feel like... having lots of worries, low mood or feelings of anger.
- I deliver a range of support such as, one-to-one (with the child or with the parent/carer), groupwork, and delivering workshops or assemblies in your school.
- If you feel that you or your child needs support from WEST, please speak to school.
- Please visit our website for further information, advice and practical tips!
<https://camhs.hacw.nhs.uk/west>

