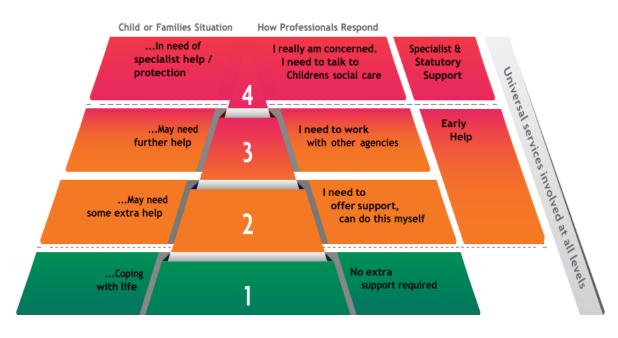


Early Help for Children and Families Ombersley Endowed First School and Pre-School

OUR EARLY HELP OFFER 2022-23

At Ombersley Endowed First School we recognise the challenges that families face in bringing up children. There may be times when you need extra help and support. If this is the case please come and talk to us. There are many ways in which we can help as outlined in this offer of early help. We can also help to plan specific support for families. The diagram below shows the range of needs at different levels. We use this graduated approach to make sure we provide the best support for different families' individual situations.

Levels of Need



Providing early help to our pupils and families at Ombersley Endowed First School means we are more effective in promoting support as soon as we can. Early help means providing support as soon as a problem emerges, at any point in a child's life, from the foundation years through to teenage years and beyond.



Support for Children and Families

Introduction to Early Help

Key Personnel and job roles

The Designated Safeguarding Lead (DSL) is: Caroline Moore

Contact details:

email: head@ombersley.worcs.sch.uk

Telephone: 01905 620384

The deputy DSL(s) are: Daniel Postans, Anita Pardoe and Jo-Ann Skeys.

Contact details: email: dpostans@ombersley.worcs.sch.uk, Apardoe@ombersley.worcs.sch.uk, Apardoe@ombersley.worcs.sch.uk,

<u>iskeys@ombesley.worcs.sch.uk</u> Telephone: 01905 620384

The nominated safeguarding governor is Natalie Shipley. Contact details: email: office@ombersley.worcs.sch.uk

Telephone: 01905 620384

The Headteacher is: Caroline Moore.

Contact details: head@ombersley.worcs.sch.uk

Telephone: 01905 620384

The Chair of Governors is: Ann Starr Contact details: email: office@ombersley.worcs.sch.uk

Telephone: 01905 620384



At Ombersley Endowed First School we meet the needs of our children through a variety of ways: We pride ourselves in knowing the children well and take the welfare of our children extremely seriously. We are vigilant regarding any situation in which we can provide support and have a number of systems in place to identify unmet need. We seek at all times to work in collaboration with families, with openness, integrity and understanding and with the needs of the child at the centre of all we do. Early Help is everyone's responsibility. Please speak with any member of the school team who would be happy to work with you or pass your concerns on to one of our Early Help team. Usually, Mrs Moore (Head/DSL), Mr Postans (Deputy DSL/Deputy Head) or Mrs Pardoe (Deputy DSL/SBM), Mrs Skeys (Deputy DSL, Wraparound Care Leader) are the first contact for the child or the family. The school has a clear and detailed Safeguarding Policy. Currently at school four members of staff have had the enhanced safeguarding training. We also work with our Safeguarding Governor Mrs Shipley. We all work together to ensure that rigorous and robust systems are in place within the school to ensure the safety of all our children. At Ombersley Endowed First School we always act in the interest of the child. The Safeguarding Team (DSL and Deputy DSLs) meet regularly to ensure a robust approach to all matters of safeguarding. The attendance register is monitored daily and parents are contacted promptly if their child is absent. In Keeping Children Safe in Education 2022 it makes it clear that ALL staff should be aware of their local early help process and understand their role in it. In addition, this statutory document makes it clear that any child may benefit from early help, but all school and college staff should be particularly alert to the potential need for early help for a child who: - Is disabled and has specific additional needs; - Has special educational needs (whether or not they have a statutory education, health care plan); - Is a young carer; - Is showing signs of being drawn in to anti-social or criminal behaviour, including gang involvement and association with organised crime groups; - Is frequently missing/goes missing from care or from home; - Is misusing drugs or alcohol themselves; - Is at risk of modern slavery, trafficking or exploitation; is in a family circumstance present challenges for the child; such as substance abuse, adult mental health problems or domestic abuse; - Has returned home to their family from care; - Is showing early signs of abuse and/or neglect; - Is at risk of being radicalised or exploited; - Is a privately fostered child.

Everyone needs help at some time in their lives and therefore an ethos of early help is important. The Ombersley Early Help offer is outlined in the table below. We believe that early interventions for children or families, in many cases, will prevent children from experiencing harm. We also liaise with other agencies and people within the local community.

In the table below are some National organisations that can support children, young people and their families

Ombersley Early Help Offer

Open Door Policy	At OEFS School we meet the needs of our children through a variety of ways. Support offered 'Open door policy'. We are available to talk via telephone and face to face and provide time for our parents to
	communicate and work with us (eg. through structured conversations, Parents Consultations and good daily availability). Our children are
	actively encouraged to speak about any concerns they have to a member of staff. They know that our staff take all their concerns very
	seriously and they know that they can speak to any responsible adult in
	school. The Pupil Voice is also represented via the Junior Leadership Team, which regularly meets with Mr Postan and Mrs Whitby to raise



	any issues. We also hold half termly coffee mornings for parents of
	any issues. We also hold half-termly coffee mornings for parents of
Davidanina Kay Chilla	children with a SEND to get together to have a chat.
Developing Key Skills	Our PSHE curriculum supports children and develops key skills, not only
	for school but for life. We put in place intervention in school to support
CENC	children who need it, be this for academic or mental well-being.
SENCo	At OEFS School, early assessments help identify the specific needs of our
	children and families, so that they can be assigned to the correct
	interventions for their educational, social, physical and emotional
	needs. These interventions may include specific learning outcomes on
	Provision Maps or EHCP provision. Mrs Edwards, our SENCo, manages
	the allocation of pupils for intervention and support groups.
School Nurse	We can refer children to the School Nursing team and you can speak
	directly with the School Nurse Team.
	Health - Registering with appropriate medical support, referral to
	appropriate medical specialist, implementation of the Children with
	Medical Needs policy.
	Early Help Hub - We have access to the Early Help Hub in the locality,
	where there are community social workers and Family Support Workers
	amongst other agencies, who we can contact to try to find the right kind
	of support for you.
Attendance	We have an Attendance Officer who can offer support, access to other
	relevant agencies will be signposted if appropriate to enable good
	attendance.
External Support	We signpost families and seek support from different external support
Agencies	agencies. There are a number of support agencies out there who we can
· ·	access or signpost you to if you are experiencing difficulties at home.
	There are also agencies which you can contact independently should
	you wish to do so, who might be able to help and provide support:
	Step 1: Support for all families. We have an 'open door' policy to
	communicate, providing time to talk to all parents, children and
	families, to ensure all children are safe, happy and learning.
	Step 2: Support for all families- we work more closely with families and
	children who need extra support. Other Support Agencies MASH (Multi-
	Agency Safeguarding Hub) Community Social Worker, Community
	Family Support Workers, Early Help Hub, Local Community Police
	Officer, Sendiass.
	Step 3: We seek further support from services to best support our
	families. The Designated Safeguarding Lead (Mrs Moore) will work with
	parents and Children and Families Services to organise additional
	support. Support could involve: Children and Families Team, Multi-
	agency Safeguarding Hub, Worcestershire Safeguarding Children Board,
	Community Social Worker.
What is our Early Help	Early Help means providing support as soon as a problem appears, to
Offer?	stop it from getting worse. This could be at any point in a child's life,
	from birth to the teenage years. Anyone can provide early help – you
	don't need to be an expert professional. Early help is not about passing
	the issue on to an expert, but thinking about what is the best support
	you can offer. Effective support can be offered by:
	• listening
	working with other people who could help
	 finding out about specialist agencies who could help



Starting Well	• filling out an Early Help Assessment with the person you are helping • contacting Children's Social Care if you think the problem is more serious https://www.worcestershire.gov.uk/earlyhelpfamilysupport There is a lot of information and advice on the Advice, Care, Health and Support pages as well as detail of local services that can provide support for children, young people and families. Download: Worcestershire Strategy for Children and Young People with Special Educational Needs and Disabilities 2017-2021 https://worcestershire.moderngov.co.uk EARLY HELP IN WORCESTERSHIRE Help and support for Children, Young People and their families or carers. FOR MORE INFORMATION, VISIT THE FAMILY HUB: WORCESTERSHIRE.GOV.UK/FAMILYHUB We support families, parents, children and young people across
Partnership	Worcestershire to lead happy, healthy and fulfilled lives.
The Front Door to Children's Services (Previously: Children's Helpdesk).	https://www.startingwellworcs.nhs.uk/ If a member of staff, parent/carer or member of the public thinks a child or young person is at immediate risk of significant harm they should contact the Family Front Door (FFD) – 01905 822 666 or in an emergency always call 999. Do not wait to discuss this with the DSL/DDSL but do report it afterwards
WSCB (Worcestershire Safeguarding Children's Board) website.	WSCB (Worcestershire Safeguarding Children's Board) website. http://www.worcestershire.gov.uk/safeguardingchildren Important information for parents and professionals across Worcestershire in relation to keeping children safe and avenues of support including early help options. Everyone should know how to access this website which has all of the agreed Worcestershire safeguarding and child protection processes on it.
Universal source of help for all families in Worcestershire: Worcestershire Family Information Service (FIS)	Worcestershire Family Information Service (FIS) advisors give impartial information on childcare, finances, parenting and education. FIS are a useful source of information for parents and professionals. They support families, children and young people aged 0-19 years of age (25 for young people with additional needs) and professionals working with these families. They can help link parents up with other organisations that might be able to help or provide the information themselves. http://www.worcestershire.gov.uk/info/20507/childcare
Home-school support Worcestershire Home Education Network	There is a growing community that are able to offer support with years of experience in educating children of all ages and they are able to organise and put on a range of activities. They hold meetings, at least weekly, throughout term time at various locations round the county-for example: - both indoor and outdoor games plus organised activities such as climbing/zip-wires/grass sledging for 8+. - Monthly meeting in Worcester with games, music and crafts for all ages. Monthly social meeting in south Worcestershire, including indoor and outdoor games, group music session and a drama group. - Bowling or Ice skating most months. - "Education group" workshops organised regularly.



They also meet up with people from neighbouring counties and many go along to the national camps and gatherings that are organised by home educators throughout the year. There is a Worcestershire Home Educators Newsletter (WHEN) that lists all of the activities for the coming month and run a Worcestershire Home Educators Internet support list. Contact: info@worcestershirehome-educators.co.uk E-safety (Online Safety) Online Activity (phones, computers) can be a serious risk to children: The use of technology has become a significant component of many safeguarding issues. Child sexual exploitation; radicalisation; sexual predation – technology often provides the platform that facilitates harm. With the right support, education and safety measures in place the internet and new technologies can also bring great benefits but we must all be vigilant. PACE (parents against child exploitation) UK is a useful website to engage parents with safety issues. www.paceuk.info/ https://www.thinkuknow.co.uk/parents/ - This is the Child Exploitation and Online Protection (CEOP) Centre. It's a one stop shop for most information about online safety. https://www.thinkuknow.co.uk/teachers http://educateagainsthate.com/ - A government website to help parents and professionals understand the risks of children and young people being radicalised by extremists online and how to keep children safe from this. www.internetmatters.org A site for helping parents keep their children safe online. Mental Health We have some useful self-help guides available for you to access online. These self-help guides can be accessed via the link and selecting 'Self Help Guides': www.hacw.nhs.uk/a-toz/letter-s/ Staying Safe http://stayingsafe.net/ SANE 0845 767 800 Email: sanemail@org.uk www.sane.org.uk Samaritans 116 123 (24 hour helpline) www.samaritans.org.uk Rethink Mental Illness 0300 5000 927 www.rethink.org Mental Health Foundation www.mentalhealth.org.uk MIND 0300 123 3393 or text 86463 www.mind.org.uk Anxiety UK 08444 775 774 www.anxietyuk.org.uk **Bullying** (including Cyberbullying is using the internet, email, online games or any digital cyberbullying)/ Child technology to threaten, tease, upset or humiliate someone else. If the death/suicide/preventi police consider a message or post to be potentially criminal, they will on take appropriate action. This could involve arresting the person responsible or interviewing them under caution. Cases involving sustained abuse or where someone's life is threatened will be treated seriously. The police will consider all of the circumstances when considering the best response to a report of cyber bullying and assess how vulnerable the victim is and what resources are required to trace the offender via social networking sites. They will work with the victim to bring about the most suitable and proportionate conclusion, this will include alternative options that could include the officer in the case working with the offender to record an apology to the victim



	Useful links Bullying UK Childline KidScape: Our resources provide information on issues surrounding bullying, online and personal safety. They can be used directly by young people and parents, as well as in the classroom within schools and youth organisations. https://www.kidscape.org.uk/resources-andpublications/
Hollie Guard-A new personal safety APP	Hollie Guard-A new personal safety APP https://hollieguard.com/ Children & Teens • Hollie Guard keeps your entire family safe
	. • Keep an eye on your children while they're traveling to and from school with Journey
	 • Teens can get help quickly while out with friends. • Parents, guardians, and caregivers are automatically contacted by
	both SMS and email.
Hate Crime	A hate crime is a criminal offense whose motivation can be shown to be race, national origin, religion or sexual orientation. A difference of race alone is NOT sufficient to make it a hate crime; there would have to be
	evidence of racial slurs or racial statements in addition to the crime. Hate Crime: West Mercia Police: Email: contactus@westmercia.police.uk
	CONTRACTOR CHAIPOINCE CONTRACTOR
	Emergency number: 999 Non-Emergency number: 101 report online to True Vision (opens in a new window)
	https://educateagainsthate.com/parents/
	Call in at your local police station
Children with	The Children with Disabilities (CwD) Social Work Team provide services
disabilities team (CWD)	designed to meet the needs of children and young people who have
	complex disabilities and is one of a range of services that can provide support to children and young people with disabilities and their families. Other services available are those provided by health, education, play
	and youth services as well as community resources provided by
	voluntary agencies. The CwD team offer services to those children and young people requiring additional resources in respect of their disability, where the disability has a profound impact on the child or young
	person's life.
	An assessment will be offered where the child has a condition which is substantial, long lasting or permanent, is a physical and/or learning disability or a life limiting, life threatening condition. These may include:
	 severe learning disabilities severe physical disabilities
	 severe physical disabilities severe developmental delay in motor and or cognitive functioning profound multiple disabilities
	• severe sensory impairment (registered blind and/or profoundly deaf)
	complex and severe health problems that arise from the disability, that are life threatening, degenerative illness or organic disorder resulting in severe disability
	• a diagnosis of Autistic Spectrum Condition with an associated learning disability and where the condition severely affects day to day
	functioning SEN Services and Support Group



- s 9 Tea Cups
- autismlinks Links to events, services and information of use to families of people with Autism
- Autism Spectrum Condition and Learning Disabilities Group , a group for family members and carers, Kidderminster Hospital
- Autism West Midlands a support group for young people aged 16-24 with Asperger's Syndrome in the Malvern Hills area
- Autism in Worcestershire ASPIE is a social self-help and motivation group for adults with Asperger's Syndrome providing a centre in Worcester.
- Childrens Centres. Find out what's happening at your local Children's Centre
- Community Paediatric Service Community Paediatric Service is concerned with developmental delay and learning disability; Motor difficulties such as cerebral palsy and muscular dystrophy; Neurodevelopmental conditions including ADHD and ASD; complex behavioural difficulties; sensory impairment; statutory medical & educational assessments (The Community Paediatric Service South Worcestershire, The Community Paediatric Service Wyre Forest and The Community Paediatric Service Redditch and Bromsgrove)
- SENDIASS: parents, children and young people can access information, advice and support on statutory assessment and annual reviews from your local SENDIASS.
- Council for Disabled Children: useful leaflets on SEND issues many in Easy Read format to help children understand
- Disability Information Advice Line (DIAL) Worcestershire Website of the disability advice line South Worcestershire; local info on: Mobility; Benefits and Finance; Carers Support and Respite; Community and Voluntary Support; Disabled Children's Services; Education and Employment; Health; Housing; Independent Living; Learning Disabilities; Legal Support; Leisure and Holidays; Mental Health; Mobility and Aids to Daily Living and Older People's Services
- Dyslexia Parent Support Group. Find out more from the Worcestershire Dyslexic Support Group
- Footprints Support for Bereaved Children and their Families in Worcestershire Support for bereaved children and their families in Worcestershire
- Learning Disabilities (opens in a new window) We work with people with learning disabilities, their families and the people who support them.

DDNs (Dangerous Drug Networks)

DDN's are drug dealing gangs who target vulnerable people in order to set up drugs distribution networks. They use extreme violence to establish a presence, displacing an existing drug supply chain and intimidating rivals, witnesses and victims. DDN's exploit vulnerable teenagers to become drug runners for their network.

Early intervention and intelligence are key to safeguard and protect the vulnerable. Presentation For DDN's (PDF, 151.7 KB) For professionals that work in health (PDF, 1.3 MB) For professionals that work with young people (PDF, 1.3 MB) For professionals working in housing (PDF, 1.3 MB) Drug Gangs and Exploitation (PDF, 556.6 KB)



Child Criminal Exploitation (County Lines)

Here is some guidance for frontline professionals on dealing with county lines, part of the government's approach to ending gang violence and exploitation: https://www.gov.uk/government/publications/criminal-exploitation-of-children-and-vulnerable-adults

County-lines: Children who are trafficked, exploited or coerced into committing crimes are victims in need of safeguarding and support. https://www.catch-22.org.uk/child-criminalexploitation/

Child Sexual Exploitation (CSE)

West Midlands Safeguarding Children Procedures has a page dedicated to Child Sexual Exploitation providing information about child sexual exploitation, the roles and responsibilities of relevant agencies and the procedures practitioners should follow to ensure the safety and well-being of children and young people whom it is suspected have been sexually exploited or are at risk of sexual exploitation.

Key facts about CSE

- It affects both girls and boys and can happen in all communities.
- Any young person can be targeted but there are some particularly vulnerable groups: Looked After Children, Children Leaving Care and Children with Disabilities.
- Victims of CSE may also be trafficked (locally, nationally and internationally).
- Over 70% of adults involved in prostitution were sexually exploited as children or teenagers.
- Sexual violence or abuse against children represents a major public health and social welfare problem within UK society, affecting 16% of children under 16. That is approximately 2 million children. Documents
- Appropriate Language: Child Sexual and/or Criminal Exploitation Guidance For Professionals (CSE Police and Prevention website)
- Child Sexual Exploitation: Definition and a guide for practitioners (GOV.UK website)
- Child Sexual Exploitation Identification Tool
- Worcestershire Child Sexual Exploitation Strategy and Action Plan
- WSCB Multi-agency Child Sexual Exploitation Pathway WSCB CSE self assessment tool and guidance Making a referral The Local Authority has a duty to make enquiries where a child may be suffering harm or neglect. If you think that a child may be at risk then you can let us know via the referral form linked below

Useful Websites

- Barnardo's spot the signs: Advice for parents, professionals and young people on the signs of sexual exploitation and how to keep safe ●
 Department for Education (Gov.uk) National Action Plan for Tackling Child Sexual Exploitation
- Parents Against Child Sexual Exploitation pace is the leading national charity working with parents and carers whose children are sexually exploited
- NSPCC definitions, statistics, facts and resources about CSE.
- NWG Network: Fighting against CSE and working to inform, educate and prevent child sexual abuse within the UK.
- Spotting The Signs of Child Sexual Exploitation: a 15 minute YouTube clip from Health Education England



Domosticuiels	A holpful wobsite for what do to in many different difficult sixual
Domestic violence	A helpful website for what do to in many different difficult situations:
	http://www.worcestershire.gov.uk/info/20379/dom
	estic_violence_and_sexual_abuse
	West Mercia Women's Aid: 0800 980 3331 0800 783 1359
	helpline@westmerciawomensaid.org
	Further reading
	• Controlling or Coercive Behaviour in an Intimate or Family Relationship Statutory Guidance Framework (GOV.UK website, opens in a new window)
	 Domestic Abuse - A toolkit for employers (Wellbeing.BIT website, opens in a new window)
	Groups for parents - information and guidance
	Multi-agency Statutory Guidance for the Conduct of Domestic
	Homicide Reviews (GOV.UK website)
	Worcestershire Domestic Abuse Strategy
	Worcestershire Multi-agency domestic abuse training – Learning
	Outcomes
Fabricated and	Fabricated or induced illness (FII) is a rare form of child abuse. It occurs
induced illness (FII)	when a parent or carer exaggerates or deliberately causes symptoms of
induced illiness (i ii)	illness in the child. https://www.nhs.uk/conditions/Fabricated-
	orinduced-illness/
	ormaded-inness/
Faith abuse	Faith and belief-based child abuse, including practices around 'spirit
Tutti abase	possession' and 'witchcraft', is a hidden crime, which makes it difficult
	to quantify in terms of magnitude.
	www.gov.uk/government/publications/nationalactionplanto-tackle-
	child-abuse-linked-to-faith-or-belief
	Further contacts for advice can be found from the local representatives
	for some faiths.
	• An Exploration of Knowledge About Child Abuse Linked to Faith or Belief (2016)
	National Action Plan to Tackle Child Abuse Linked to Faith or Belief
	(2012)
	Safeguarding Children from Abuse Linked to a Belief in Spirit
	Possession (2007) this good practice guidance is archived but still
	available.
	• Eleanor Stobart report 2006: Child Abuse Linked To Accusations of
	Possession And Witchcraft (2006)
	Unicef study report: Children Accused of Witchcraft
	AFRUCA: Africans Unite Against Child Abuse
Honour based violence	Honour' based violence (HBV) occurs when perpetrators believe a
(HBV)	relative or other individual has shamed or damaged a family's or
	community's 'honour' or reputation (known in some communities as
	izzat), and that the only way to redeem the damaged 'honour' is to
	punish and/or kill the individual.
	'Honour' based violence is a term that is widely used to describe this
	sort of abuse however it is often referred to as so called 'honour' based
	violence because the concept of 'honour' is used by perpetrators to
	make excuses for their abuse. There is a very strong link between
	'honour' based violence, forced marriage and domestic abuse.



	The term 'Honour Based Violence' is the internationally recognised term describing cultural justifications for violence and abuse. Honour Based Violence cuts across all cultures and communities. The 'Honour Network Help line': 0800 5 999 247
Female genital	
mutilation (FGM)	Female Genital Mutilation (FGM) comprises all procedures involving partial or total removal or the external female genitalia. FGM is illegal in the UK and as of October 2015 mandatory reporting commenced. If education staff or other professionals discovers that an act FGM appears to have been carried out on a girl under 18 years old there is a statutory (legal) duty on teachers for them PERSONALLY to report it to
	the police.
	http://www.nhs.uk/Conditions/femalegenitalmutilation
	for NHS information and signs of FGM.
	Any suspicion of FGM should be referred to the Police and social care
	Annalise Price-Thomas (Head of Service) has completed the online home office training, 'Female Genital Mutilation: Recognising and Preventing FGM'
	- E-learning packagehttp://www.fgmelearning.co.uk/ for interested staff
	or professionals (free home office elearning)
Faread magnines	
Forced marriage	UK Forced Marriage Unit fmu@fco.gov.uk Telephone: 020 7008 0151
	Call 999 (police) in an emergency.
	www.gov.uk/stop-forced-marriage
	for information on Forced Marriage.
	Visit Home Office website toundertake Forced Marriage e-learning
	package https://www.gov.uk/forced-marriage .
	GSCB one day Awareness training delivered by Infobuzz
	www.gscb.org.uk
	Please see 'Multi-Agency Practice Guidelines- Handling cases of Forced Marriage' for more information and detail:
	https://www.gov.uk/forcedmarriage.
	Prevention Freedom Charity- Aneeta Prem 'But it's not fair' book. A
	book for teenagers looking at forced marriage. www.freedomcharity.org.uk
	The Freedom Charity (UK charity) have a helpline, text facility and app
	which can be downloaded to help to provide support and protection for
	victims of abuse, FGM or forced marriage. They can be contacted on tel:
	0845 607 0133 or text 4freedom to 88802 or go to the website to
	download the app from the app page.
	https://www.gov.uk/forced-marriage.
Gangs and youth	Gangs and youth violence
violence	https://assets.publishing.service.gov.uk/governme
	nt/uploads/system/uploads/attachment_data/file/4
	18131/Preventing_youth_violence_and_gang_involvement_v3_March2
	015.pdf This is a website for the Youth Violence Prevention Initiative:
	http://www.worcesterma.gov/youthopportunities/youth-violence-
	prevention
Gender-based	https://www.gov.uk/government/publications/viole nce-against-
violence/violence	women-and-girls-evidence-digestjanuary-2018
violence/violence	women-and-girls-evidence-digestjanuary-2018



	For information of our Mont Manual Developed Co. of Alice 129
against women and	For information about West Mercia Rape and Sexual Abuse visit:
girls	https://www.wmrsasc.org.uk/
	FGM (Female Genital Mutilation) is violence against women and girls.
	Forced marriage and so called 'Honour' based violence are a violation
	against human rights and is a high priority area of the national and local
	Violence Against Women and Girls Agenda. It is, primarily an issue for
	young women and girls aged between 13 and 30 years.
	Hope House SARC (Sexual Assault Referral Centre): 01452 754390
	www.onyourmindglos.nhs.uk
Gender Identity Issues	The Gender Trust is a listening ear, a caring support and an information
	centre for anyone with any question concerning their gender identity, or
	whose loved one is struggling with gender identity issues. People who
	might be Transgender, Transsexual or people who do not identify with
	the gender they were assigned at birth.
	Address: 76 The Ridgeway, Astwood Bank, B96 6LX tel: 0845 231 0505
	www.gendertrust.org.uk
Private fostering	National Fostering Agency (NFA) Call on: 0808 284 9226 Kinship Care
	Kinship care means that relatives or friends look after children who
	cannot live with their parents. Visit this website for more information:
	http://www.worcestershire.gov.uk/privatefostering
Preventing	www.educateagainsthate.com
Radicalisation and	is the government website providing information and practical advice
Extremism/HATE	for parents, teachers and schools leaders on protecting children from
(PREVENT duty)	radicalisation and extremism. Anti-Terrorist Hotline: tel 0800 789 321
	Email Home office: counter.extremism@education.gsi.gov.uk .
	Let's talk about it is an excellent website for parents: www.ltai.info/ as
	is www.preventtragedies.co.uk
	While it remains very rare for school age children to become involved in
	extremist activity to the point of committing criminal acts, young people
	can be exposed to extremist influences or prejudiced views, including
	via the internet, from an early age. As with other forms of criminality or
	risk of harm, early intervention is always preferable. Schools, working
	with other local partners, families and communities, can help support
	pupils who may be vulnerable as part of wider safeguarding
	responsibilities.
	Channel guidance: https://assets.publishing.service.gov.uk/governme
	nt/uploads/system/uploads/attachment_data/file/4
	25189/Channel Duty Guidance April 2015.pdf
Sexting/Sextortion/you	http://www.nspcc.org.uk/preventingabuse/keepingchildrensafe/sexting
th produced imagery	(NSPCC website). https://www.westmercia.police.uk/article/8206/Sex
	ting
	(West Mercia Police website)
Children Missing in	Children Missing Education (CME) refers to 'any child of compulsory
Education (CME)	school age who is not registered at any formally approved education
, ,	activity eg school, alternative provision, elective home education, and
	has been out of education provision for at least 4 weeks'.
	CME also includes those children who are missing (family whereabouts
	unknown), and are usually children who are registered on a school roll /
	alternative provision. This might be a child who is not at their last known
	Latternative provision. This might be a child willo is not at their last known



address and either has not taken up an allocated school place as expected, or has 10 or more days of continuous absence from school without explanation, or left school suddenly and the destination is unknown. This is the link for Children Missing Education on the Worcestershire website http://www.worcestershire.gov.uk/info/20595/beha viour_and_attendance/293/children_missing_educ ation **Educational Welfare Team:** https://www.worcestershire.gov.uk/WCFEducationServices/info/30/edu cation-welfare-service Missing Children and Every year an estimated 200,000 people go missing in the UK and the Adults Strategy vast majority of missing people, children and adults, are vulnerable and (vulnerable children need protection and support. The strategy has three key objectives and adults who go which provide the right foundations for any effective local strategy to missing) tackle this issue: Prevention - reducing the number of people who go missing, including through prevention strategies, education work and early intervention in cases where children and adults repeatedly go missing Protection - reducing the harm to those who go missing, including through a tailored, risk-based response and ensuring agencies work together to find and close cases as quickly as possible at a local and national level Provision - providing support and advice to missing persons and families by referring then to agencies promptly and ensuring they understand how and where to access help. The police should be informed if any child or adult goes missing. The Missing Children and Adults strategy can then be referred to for further information and help. It is a home office publication (2011). https://www.gov.uk/government/publications/ missi ng-children-andadults-strategy https://assets.publishing.service.gov.uk/gover nment/uploads/system/uploads/attachment da ta/file/117793/missing-persons-strategy.pdf Children with family Approximately 200,000 children have a parent sent to prison each year. members in prison These children are at risk of poor outcomes including poverty, stigma, isolation and poor mental health. NICCO (www.nicco.org.uk) provides information to support professionals working with offenders and their children to help mitigate the negative consequences for these children. https://www.solgrid.org.uk/education/safeguar ding/childprotection/issues/children-familyprison/ Children and the court Children are sometimes required to give evidence in courts, either for system crimes committed against them or for crimes they have witnessed. There are two guides to support these children which can be found at www.gov.uk (young witness booklet for 5 to 11 year olds). There is also a document called "going to court and being a witness age 12 to 17" which is also found at www.gov.uk. Making family arrangements via court can be stressful and entrench conflict in families. The ministry of Justice has just launched an online



	dispute resolution service. This can be useful to parents and carers. Got
	to <u>www.gov.uk</u>
	and search for "get help with arrangements."
Stalking	General Advice:
	 If it doesn't feel right it probably isn't!
	 Seek support from trusted family/friends
	 Report to the police and do this early
	Keep a diary in a secure location
	 Screenshot emails etc and save them
	 Photograph/video your stalker if safely possible.
	Get advice: Hollie Gazzard Trust, Paladin etc
	Tighten security; home, work and on-line
	National Stalking Helpline For advice and support. The helpline operates
	a triage service for local support and make referrals -Phone: 0808 802
	0300 Website: www.stalkinghelpline.org
	Email: advice@stalkinghelpline.org
	Paladin: National Stalking Advocacy Service For advice and referral.
	Phone line: 020 3866 4107 Email: info@paladinservice.co.uk
	Website: www.paladinservice.co.uk/
	Hollie Gazzard Trust https://holliegazzard.org/
Sexual violence and	Advice from the WCC webpage:
sexual harassment	http://www.worcestershire.gov.uk/info/20379/dom
between children in	estic_abuse_and_sexual_violence/886/sexual_violence_and_abuse
schools and colleges	West Mercia Rape and Sexual Abuse Support Centre:
	https://www.wmrsasc.org.uk/
	01905 724 514
	Helpline opening times: Monday 7.30pm to 9.30pm Tuesday 1.00pm to
	5.00pmThursday 7.30pm to 9.30pm Friday 10.00am to 2.00pm

Early Help is a pathway to supporting you and your child as they grow up when you or they may need further support or guidance.

Providing early help to our pupils and families at Ombersley Endowed First School means we can improve outcomes for children, families, and communities, providing support as soon as a problem emerges, at any point in a child's life, from the early years through to teenage years.



Early Help can support children and their families who may be struggling with:

- Routines and family rules
- Families who may be not be eating healthy food
- Keeping to a healthy lifestyle
- Children who are caring for a family member
- Children who may not want to go to school for different reasons
- Disability within the family including children being a young carer
- Children in the family have special educational needs (SEND)
- Children who may becoming involved in anti-social or criminal behaviour
- Children who go missing from home
- Children or parents / carers misusing drugs or alcohol
- Children at risk of being tricked, forced, or made to work in the criminal world
- Children who may need support because they may live in a home and see drug or alcohol abuse or adult mental health problems.
- Children who have parents who argue a lot (and sometimes might hurt each other) whether the parents live together or apart.
- Children at risk of being groomed to join groups which support illegal views
- A privately fostered child (a child from another family living within your family home)

Early help relies upon local groups and people in the community, sometimes we work together to help children, young people, and their families.

Everyone needs help at some time in their lives and therefore an ethos of early help is important for any school.

Local Services

Please include information on the services available in your local area / district...

Family Hub – Attach details	What's on during the school holidays? (e.g. Ready, Steady, Worcestershire, youth groups, clubs and activities) https://www.worcestershire.qov.uk/info/20643/the-family-hub
Youth and Community Centre –	Foodbank https://droitwichspa.foodbank.org.uk/
Early Help Family Support District Team	Library https://www.worcestershire.gov.uk/earlyhelpfamilysupport

Early Help Family Support Service:

The Early Help Family Support Service is delivered by Worcestershire Children First directly to families permanently living in Worcestershire who have children aged 0-18 years old and need help and support specifically from a Family Support Worker. For more information, please visit: Worcestershire Children First Early Help Family Support Service | Worcestershire County Council



Health (including mental health, emotional wellbeing, and sexual health)

The Starting Well Partnership offers a range of health services which support both children and families experiencing a range of health issues.

Worcestershire Health Visiting Service | Starting Well (startingwellworcs.nhs.uk)

If your child is under 5 years old and you need advice on issues such as feeding, behaviour, or toileting you can contact the Telephone Advisory Service on 0300 123 9551 (Monday – Friday 9am til 3pm). A Health Visitor will assist you over the phone with any worries, concerns, or questions you have.

School Health Nursing | Starting Well (startingwellworcs.nhs.uk)

School health nurses offer a range of services such as home visits, health needs assessments, time4u drop-in service, school aged hearing and national child measurement programme to support the needs of children and their families.

Text service supporting young people | Starting Well (startingwellworcs.nhs.uk)

Chat health is a free and confidential text service for young people in need of advice or support To confidentially contact your school nurse, text: 07507331750

Social Prescribing: Onside Advocacy, Worcestershire (onside-advocacy.org.uk)

Social Prescribers support you to take control of your health and look after yourself by making connections with the different types of community support available.

CAMHS | Herefordshire and Worcestershire Health and Care NHS Trust (hacw.nhs.uk)

CAMHS provides mental health help to children, young people and their families across Herefordshire and Worcestershire

Home - Kooth

Kooth is an online mental wellbeing community which offers free, safe, and anonymous support.

Reach 4 Wellbeing | Herefordshire and Worcestershire Health and Care NHS Trust (hacw.nhs.uk)

The Reach4Wellbeing team promotes positive wellbeing to reduce the stigma of mental health by providing short-term group programmes for children and young people age 5-18 experiencing mild to moderate anxiety and low mood.

Papyrus UK Suicide Prevention | Prevention of Young Suicide (papyrus-uk.org)

Papyrus can offer suicide prevent support providing free and confidential helplines, advice, webchats, and resources.

Home | Healthy Minds (whct.nhs.uk)

Healthy Minds' 24/7 mental health helpline provides support or advice if you, or someone you know, is experiencing a mental health crisis and needs urgent help. Its available 24 hours a day to anyone in Herefordshire and Worcestershire.

Winston's Wish - giving hope to grieving children (winstonswish.org)



Winston's Wish provide support for children and young people following the death of a sibling, parent, or a person important to a child.

<u>Sexual Health Know Your Stuff | Sexual Health | Worcestershire County Council</u> <u>Worcestershire Integrated Sexual Health Service (WISH) | Herefordshire and Worcestershire Health</u> and Care NHS Trust (hacw.nhs.uk)

WISH offer friendly and non-judgemental specialist services to support with information and advice, contraception, pregnancy, STIs and screening.

<u>Under 21 Saturday Service</u> - Clinic telephone lines are open between 10:00am – 12:30pm on Saturdays - Please call: 01905 681673 for further details.

Young People have a telephone consultation and are asked questions about their relationships. Callers will be advised what to do next and directed towards a clinic if necessary.

WISH have a dedicated Outreach nursing service. Referral forms can be found at www.knowyourstuff.nhs.uk. The Outreach team see young and vulnerable people who couldn't otherwise access sexual health services.

Free STI test kits and contraception: <u>SH:24 Free Home STI STD Test | Sexual & Reproductive Health (sh24.org.uk)</u>

Bullying (including Cyberbullying)

If you are concerned your child or a child, you know is being bullied there are several services and useful links which can help you support your child as a parent.

In the first instance if bullying is happening at school, please speak to a member of staff who will be able to help.

The following links will provide you with more information if you or someone you know is being bullied:

Is your child or someone you know being bullied? | Worcestershire County Council
Are you being bullied? | Worcestershire County Council
Cyberbullying | Worcestershire County Council
Kidscape | Resources and Publications

Online Safety

If you have concerns around the safety of your child or a child you know online, the following links will provide you with information, support, and advice to help understand the risks and keep your child safe online:

- Think U Know | Information for parents
- Online safety | Barnardo's (barnardos.org.uk)
- Educate Against Hate
- www.internetmatters.org
- BBC | 8 tips for staying safe online



Sexting is the sending or receiving of sexually explicit images, videos or conversations online.

Sexting and sending nudes | NSPCC

Think U Know | Parents Sexting Guide

Relationships

The following services and links offer information, advice, and intervention on healthy relationships for your family and children:

- Healthy relationships | NSPCC
- Challenges at home: <u>Harmony at Home information and support for parent carers</u> |
 Worcestershire County Council
- CRUSH is an awareness raising and support programme to help young people make safe and healthy relationships. http://www.westmerciawomensaid.org/crush/
- Relationships | The Family Hub | Worcestershire County Council

Friendships and relationship in teenagers

Making friends and starting new relationships are a big part of getting older. It's very common to fall out with friends or break up from relationships — which can be very difficult to deal with. You might also be in a relationship that doesn't feel right and need some advice about what to do. The websites below contain lots of information about making friends, peer pressure, healthy and unhealthy relationships, sex and much more. There is also information available for parents around how to talk to your child about friendships, sex and relationships.

<u>Childline - Friends, relationships and sex (opens in a new window)</u>

Disrespect Nobody - Signs to spot (opens in a new window)

NHS Choices - How to talk to your child about sex (opens in a new window)

NHS Choices - Sex and young people (opens in a new window)

SEND (Special Educational Needs and/or Disabilities)

Please include any information / support you offer in your setting.

If you are looking for information or advice the following links will help you:

SEND Local Offer | Worcestershire County Council or contact localoffer@worcschildrenfirst.org.uk

SEND Information, Advice, Support Service <u>SENDIASS Worcestershire and Herefordshire</u> (hwsendiass.co.uk)

Social care support for children with disabilities | Worcestershire County Council











The Online Family Hub has been developed to provide you with a range of different types of resources that are available to you online, on the phone or face to face that you can access directly.

The Family Hub can offer you support and information with the challenge's family life can bring.

The Family Hub | Worcestershire County Council









Early Help in Worcestershire have created a booklet to help families find out about the help and support available in the county for children and young people aged 0-18 years old. The new booklet will help you and families find the most appropriate support.

To download this booklet, please visit: The Family Hub | Worcestershire County Council

Worcestershire Young Carers

Worcestershire Young Carers aim to identify, and support children and young people aged 7 to 24 years who have a caring role within the home and help look after a parent, sibling, or grandparent due to illness, disability, physical or mental health difficulties or substance misuse.

Worcestershire Young Carers/Shropshire Young Carers | YSS

Carers | Worcestershire County Council

Finance, Housing and Employment

If you are facing challenges around employment and income, please contact the local job centre who can with offer support with jobseekers' allowance, incapacity benefit, employment and support allowance and income support:



[Local] Job Centre Plus,

Worcester Job Centre Plus, Haswell House, Sansome Street, Worcester, WR1 1UZ Telephone: 0845 6043719

Citizen's Advice Bureau Worcester Citizens Advice Bureau and WHABAC (Worcester Housing and Benefits Advice Centre) (citizensadviceworcester.org.uk)

Building Better Opportunities is a service to help local people move closer to employment. <u>Building</u> Better Opportunities (fusionworcs.co.uk)

For information on what financial and housing support is available in Worcestershire, please visit: Housing and finances | The Family Hub | Worcestershire County Council

Parenting Support

The Starting Well Partnership offer a range of parenting support, information, groups, and courses. For information on the groups available please visit: Parenting groups | Starting Well (startingwellworcs.nhs.uk)

Parenting Talk is an online hub offering information, advice, and a free confidential online chat with a parenting advisor.

Parent Talk - Support for Parents from Action For Children

Homestart can work with you to provide one to one support in the family home each week. This service provides support tailored to your needs and can help you as parents they learn to cope and build confidence to provide as best you can for your children.

<u>Home-Start | South Worcestershire (home-startsw.org.uk)</u>

Family Information Service

Do you need advice and support around finding childcare? The following link will provide you with the contact details of the Family Information Service's District Teams: Family Information Service | Worcestershire County Council

Substance Misuse

<u>Swanswell - Cranstoun</u>

Here 4 Youth is support service for children and young people up to the age of 18 who may be struggling with their use of drug and / or alcohol. <u>Here4YOUth Worcestershire - Cranstoun</u>



Do you have a family member in prison?

Do you have a family member in prison which is having an impact on your child? Support is available to work with both the person in prison and your family.

NICCO

Families First provides support and guidance in a safe space, to enable the whole family to cope with the demands of having a partner, and parent, in prison: <u>Families First | YSS</u>

Get Safe

If you are worried your child is at risk of being tricked, forced, or made to work in the criminal world please speak to a member of staff and visit <u>Get Safe</u> for help and information.

If you are experiencing any of these challenges or issues affecting family life, please contact a member of staff who will be happy to provide you further advice and support.

