



Ombersley Endowed First School and Pre-School

SUPPORTING FAMILIES

OUR EARLY HELP OFFER 2025/26

At Ombersley Endowed First School we recognise the challenges that families face in bringing up children. There may be times when you need extra help and support. If this is the case please come and talk to us. There are many ways in which we can help as outlined in this offer of early help. We can also help to plan specific support for families. Early Help and Support is a pathway to supporting you and your child as they grow up when you, or they, may need further support or guidance. Providing help and support to our pupils and families at Ombersley Endowed First School means we can improve the lives for children, families, and communities, providing support as soon as a problem begins, at any point in a child's life, from the early years through to teenage years.

Support for Children and Families

Introduction to Early Help

Key Personnel and job roles
The Designated Safeguarding Lead (DSL) is: Daniel Postans Contact details: email: Deputy@ombersley.worcs.sch.uk Telephone: 01905 620384 The deputy DSL(s) are: Caroline Moore, Sarah Mansfield and Jo-Anne Skeys. Contact details: emails: head@ombersley.worcs.sch.uk office@ombersley.worcs.sch.uk Telephone: 01905 620384 The nominated safeguarding governor is Nicki Williams Contact details: email: office@ombersley.worcs.sch.uk Telephone: 01905 620384 The Headteacher is: Caroline Moore. Contact details: email: head@ombersley.worcs.sch.uk Telephone: 01905 620384 The Chair of Governors is: Nicki Williams. Contact details: email: office@ombersley.worcs.sch.uk Telephone: 01905 620384

At Ombersley Endowed First School we meet the needs of our children through a variety of ways: We pride ourselves in knowing the children well and take the welfare of our children extremely seriously. We are vigilant regarding any situation in which we can provide support and have a number of systems in place to identify unmet need. We seek at all times to work in collaboration with families, with openness, integrity and understanding and with the needs of the child at the centre of all we do. Early Help is everyone's responsibility. Please speak with any member of the school team who would be happy to work with you or pass your concerns on to one of our Early Help team. Usually, Mrs Moore (Head/Deputy DSL), Mr Postans (DSL/Deputy Head) or Mrs Mansfield (Deputy DSL/HLTA), Mrs Skeys (Deputy DSL, Wraparound Care Leader) are the first contact for the child or the family.

The school has a clear and detailed Safeguarding Policy. Currently at school four members of staff have had the enhanced safeguarding training. We also work with our Safeguarding Governor Nicki Williams. We all work together to ensure that rigorous and robust systems are in place within the school to ensure the safety of all our children. At Ombersley Endowed First School we always act in the interest of the child. The Safeguarding Team (DSL and Deputy DSLs) meet regularly to ensure a robust approach to all matters of safeguarding. The attendance register is monitored daily and parents are contacted promptly if their child is absent. In Keeping Children Safe in Education 2025 it makes it clear that ALL staff should be aware of their local early help process and understand their role in it. In addition, this statutory document makes it clear that any child may benefit from early help, but all school and college staff should be particularly alert to the potential need for early help for a child *who:*

- *Is disabled and has specific additional needs;*
- *Has special educational needs (whether or not they have a statutory education, health care plan);*
- *Is a young carer;*
- *Is showing signs of being drawn in to anti-social or criminal behaviour, including gang involvement and association with organised crime groups;*
- *Is frequently missing/goes missing from care or from home;*
- *Is misusing drugs or alcohol themselves;*
- *Is at risk of modern slavery, trafficking or exploitation;*
- *is in a family circumstance present challenges for the child; such as substance abuse, adult mental health problems or domestic abuse;*
- *Has returned home to their family from care;*
- *Is showing early signs of abuse and/or neglect;*
- *Is at risk of being radicalised or exploited;*
- *Is a privately fostered child.*

Everyone needs help at some time in their lives and therefore an ethos of early help is important. The Ombersley Early Help offer is outlined in the table below. We believe that early interventions for children or families, in many cases, will prevent children from experiencing harm. We also liaise with other agencies and people within the local community.

In the table below are some National organisations that can support children, young people and their families

Ombersley Early Help Offer

What is our Early Help Offer?	<p>Early Help means providing support as soon as a problem appears, to stop it from getting worse. This could be at any point in a child's life, from birth to the teenage years. Anyone can provide early help – you don't need to be an expert professional. Early help is not about passing the issue on to an expert, but thinking about what is the best support you can offer. Effective support can be offered by:</p> <ul style="list-style-type: none"> • listening • working with other people who could help • finding out about specialist agencies who could help • filling out an Early Help Assessment with the person you are helping • contacting Children's Social Care if you think the problem is more serious <p>https://www.worcestershire.gov.uk/earlyhelpfamilysupport</p> <p>There is a lot of information and advice on the Advice, Care, Health and Support pages as well as detail of local services that can provide support for children, young people and families. Download: Worcestershire Strategy for Children and Young People with Special Educational Needs and Disabilities 2017-2021</p> <p>https://worcestershire.moderngov.co.uk</p> <p>EARLY HELP IN WORCESTERSHIRE</p> <p>Help and support for Children, Young People and their families or carers.</p> <p>FOR MORE INFORMATION, VISIT THE FAMILY HUB: WORCESTERSHIRE.GOV.UK/FAMILYHUB</p>
Open Door Policy	<p>At OEFS School we meet the needs of our children through a variety of ways. Support offered 'Open door policy'. We are available to talk via telephone and face to face and provide time for our parents to communicate and work with us (eg. through structured conversations, Parents Consultations and good daily availability). Our children are actively encouraged to speak about any concerns they have to a member of staff. They know that our staff take all their concerns very seriously and they know that they can speak to any responsible adult in school. The Pupil Voice is also represented via the Junior Leadership Team, which regularly meets with Mr Postans and Mrs Whitby to raise any issues. We also hold half-termly coffee mornings for parents of children with a SEND to get together to have a chat.</p>
Developing Key Skills	<p>Our PSHE curriculum supports children and develops key skills, not only for school but for life. We put in place intervention in school to support children who need it, be this for academic or mental well-being.</p>
SENCo	<p>At OEFS School, early assessments help identify the specific needs of our children and families, so that they can be assigned to the correct interventions for their educational, social, physical and emotional needs. These interventions may include specific learning outcomes on Provision Maps or EHCP provision. Mrs Bragg, our SENCo, manages the allocation of pupils for intervention and support groups.</p>

School Nurse	<p>We can refer children to the School Nursing team and you can speak directly with the School Nurse Team.</p> <p>Health - Registering with appropriate medical support, referral to appropriate medical specialist, implementation of the Children with Medical Needs policy.</p> <p>Early Help Hub - We have access to the Early Help Hub in the locality, where there are community social workers and Family Support Workers amongst other agencies, who we can contact to try to find the right kind of support for you.</p>
Attendance	<p>We have an Attendance Officer who can offer support, access to other relevant agencies will be signposted if appropriate to enable good attendance.</p>
External Support Agencies	<p>We signpost families and seek support from different external support agencies. There are a number of support agencies out there who we can access or signpost you to if you are experiencing difficulties at home. There are also agencies which you can contact independently should you wish to do so, who might be able to help and provide support:</p> <p>Step 1: Support for all families. We have an 'open door' policy to communicate, providing time to talk to all parents, children and families, to ensure all children are safe, happy and learning.</p> <p>Step 2: Support for all families- we work more closely with families and children who need extra support. We work closely with the WEST Team and have a Mental Health Worker on site when required.</p> <p>Other Support Agencies include MASH (Multi-Agency Safeguarding Hub) Community Social Worker, Community Family Support Workers, Early Help Hub, Local Community Police Officer, Sendiass.</p> <p>Step 3: We seek further support from services to best support our families. The Designated Safeguarding Lead (Mrs Moore) will work with parents and Children and Families Services to organise additional support. Support could involve: Children and Families Team, Multi-agency Safeguarding Hub, Worcestershire Safeguarding Children Board, Community Social Worker.</p>
Support Services Available	
Bullying (including cyberbullying)/ Child death/suicide/prevention	<p>Cyberbullying is using the internet, email, online games or any digital technology to threaten, tease, upset or humiliate someone else. If the police consider a message or post to be potentially criminal, they will take appropriate action. This could involve arresting the person responsible or interviewing them under caution. Cases involving sustained abuse or where someone's life is threatened will be treated seriously. The police will consider all of the circumstances when considering the best response to a report of cyber bullying and assess how vulnerable the victim is and what resources are required to trace the offender via social networking sites.</p> <p>They will work with the victim to bring about the most suitable and proportionate conclusion, this will include alternative options that could include the officer in the case working with the offender to record an apology to the victim</p> <p>Useful links Bullying UK Childline KidScape: Our resources provide information on issues surrounding bullying, online and personal safety. They can be used directly by young people and</p>

	<p>parents, as well as in the classroom within schools and youth organisations. https://www.kidscape.org.uk/resources-andpublications/</p>
Child Criminal Exploitation (County Lines)	<p>Here is some guidance for frontline professionals on dealing with county lines, part of the government's approach to ending gang violence and exploitation: https://www.gov.uk/government/publications/criminal-exploitation-of-children-and-vulnerable-adults</p> <p>County-lines: Children who are trafficked, exploited or coerced into committing crimes are victims in need of safeguarding and support. https://www.catch-22.org.uk/child-criminalexploitation/</p>
Child Sexual Exploitation (CSE)	<p>West Midlands Safeguarding Children Procedures has a page dedicated to Child Sexual Exploitation providing information about child sexual exploitation, the roles and responsibilities of relevant agencies and the procedures practitioners should follow to ensure the safety and well-being of children and young people whom it is suspected have been sexually exploited or are at risk of sexual exploitation.</p> <p>Key facts about CSE</p> <ul style="list-style-type: none"> • It affects both girls and boys and can happen in all communities. • Any young person can be targeted but there are some particularly vulnerable groups: Looked After Children, Children Leaving Care and Children with Disabilities. • Victims of CSE may also be trafficked (locally, nationally and internationally). • Over 70% of adults involved in prostitution were sexually exploited as children or teenagers. • Sexual violence or abuse against children represents a major public health and social welfare problem within UK society, affecting 16% of children under 16. That is approximately 2 million children. <p>Documents</p> <ul style="list-style-type: none"> • Appropriate Language: Child Sexual and/or Criminal Exploitation Guidance For Professionals (CSE Police and Prevention website) • Child Sexual Exploitation: Definition and a guide for practitioners (GOV.UK website) • Child Sexual Exploitation – Identification Tool • Worcestershire Child Sexual Exploitation Strategy and Action Plan • WSCP Multi-agency Child Sexual Exploitation Pathway • WSCP CSE self assessment tool and guidance Making a referral The Local Authority has a duty to make enquiries where a child may be suffering harm or neglect. If you think that a child may be at risk then you can let us know via the referral form linked below <p>Useful Websites</p> <ul style="list-style-type: none"> • Barnardo's spot the signs: Advice for parents, professionals and young people on the signs of sexual exploitation and how to keep safe • Department for Education (Gov.uk) National Action Plan for Tackling Child Sexual Exploitation • Parents Against Child Sexual Exploitation PACE is the leading national charity working with parents and carers whose children are sexually exploited

	<ul style="list-style-type: none"> • NSPCC definitions, statistics, facts and resources about CSE. • NWG Network: Fighting against CSE and working to inform, educate and prevent child sexual abuse within the UK. • Spotting The Signs of Child Sexual Exploitation: a 15 minute YouTube clip from Health Education England
Children Missing in Education (CME)	<p>Children Missing Education (CME) refers to 'any child of compulsory school age who is not registered at any formally approved education activity eg school, alternative provision, elective home education, and has been out of education provision for at least 4 weeks'.</p> <p>CME also includes those children who are missing (family whereabouts unknown), and are usually children who are registered on a school roll / alternative provision. This might be a child who is not at their last known address and either has not taken up an allocated school place as expected, or has 10 or more days of continuous absence from school without explanation, or left school suddenly and the destination is unknown.</p> <p>This is the link for Children Missing Education on the Worcestershire website http://www.worcestershire.gov.uk/info/20595/behaviour_and_attendance/293/children_missing_education Educational Welfare Team: https://www.worcestershire.gov.uk/WCFEducationServices/info/30/education-welfare-service</p>
Children with family members in prison	<p>Approximately 200,000 children have a parent sent to prison each year. These children are at risk of poor outcomes including poverty, stigma, isolation and poor mental health. NICCO (www.nicco.org.uk) provides information to support professionals working with offenders and their children to help mitigate the negative consequences for these children.</p>
Children and the court system	<p>Children are sometimes required to give evidence in courts, either for crimes committed against them or for crimes they have witnessed. There are two guides to support these children which can be found at www.gov.uk (young witness booklet for 5 to 11 year olds).</p> <p>There is also a document called “going to court and being a witness age 12 to 17” which is also found at www.gov.uk.</p> <p>Making family arrangements via court can be stressful and entrench conflict in families. The ministry of Justice has just launched an online dispute resolution service. This can be useful to parents and carers. Got to www.gov.uk and search for “get help with arrangements.”</p>
Domestic violence	<p>A helpful website for what do to in many different difficult situations: http://www.worcestershire.gov.uk/info/20379/domestic_violence_and_sexual_abuse West Mercia Women's Aid: 0800 980 3331 0800 783 1359 helpline@westmerciawomensaid.org Further reading</p> <ul style="list-style-type: none"> • Controlling or Coercive Behaviour in an Intimate or Family Relationship Statutory Guidance Framework (GOV.UK website, opens in a new window)

	<ul style="list-style-type: none"> • Domestic Abuse - A toolkit for employers (Wellbeing.BIT website, opens in a new window) • Groups for parents - information and guidance • Multi-agency Statutory Guidance for the Conduct of Domestic Homicide Reviews (GOV.UK website) • Worcestershire Domestic Abuse Strategy • Worcestershire Multi-agency domestic abuse training – Learning Outcomes
E-safety (Online Safety)	<p>Online Activity (phones, computers) can be a serious risk to children: The use of technology has become a significant component of many safeguarding issues. Child sexual exploitation; radicalisation; sexual predation – technology often provides the platform that facilitates harm. With the right support, education and safety measures in place the internet and new technologies can also bring great benefits but we must all be vigilant.</p> <p>PACE (parents against child exploitation) UK is a useful website to engage parents with safety issues. www.paceuk.info/ https://www.thinkuknow.co.uk/parents/ - This is the Child Exploitation and Online Protection (CEOP) Centre. It's a one stop shop for most information about online safety. https://www.thinkuknow.co.uk/teachers http://educateagainsthate.com/ - A government website to help parents and professionals understand the risks of children and young people being radicalised by extremists online and how to keep children safe from this. www.internetmatters.org - A site for helping parents keep their children safe online.</p>
Foodbank Helping Local People in Crisis	https://worcester.foodbank.org.uk
Front Door to Children's Services	<p>If a member of staff, parent/carer or member of the public thinks a child or young person is at immediate risk of significant harm they should contact the Family Front Door (FFD) – 01905 822 666 or in an emergency always call 999.</p> <p>Do not wait to discuss this with the DSL/DDSL but do report it afterwards</p>
Hate Crime	<p>A hate crime is a criminal offense whose motivation can be shown to be race, national origin, religion or sexual orientation. A difference of race alone is NOT sufficient to make it a hate crime; there would have to be evidence of racial slurs or racial statements in addition to the crime.</p> <p>Hate Crime: West Mercia Police: Email: contactus@westmercia.police.uk</p> <p>Emergency number: 999 Non-Emergency number: 101 report online to True Vision (opens in a new window) https://educateagainsthate.com/parents/</p> <p>Call in at your local police station</p>
Home-school support Worcestershire	<p>There is a growing community that are able to offer support with years of experience in educating children of all ages and they are able to organise and put on a range of activities. They hold meetings, at least weekly, throughout term time at various</p>

Home Education Network	<p>locations round the county-for example: - both indoor and outdoor games plus organised activities.</p> <p>Monthly social meeting in south Worcestershire, including indoor and outdoor games, group music session and a drama group.</p> <p>- "Education group" workshops organised regularly.</p> <p>They also meet up with people from neighbouring counties and many go along to the national camps and gatherings that are organised by home educators throughout the year.</p> <p>There is a Worcestershire Home Educators Newsletter (WHEN) that lists all of the activities for the coming month and run a Worcestershire Home Educators Internet support list. Contact: info@worcestershire-home-educators.co.uk</p>
Fabricated and induced illness (FII)	<p>Fabricated or induced illness (FII) is a rare form of child abuse. It occurs when a parent or carer exaggerates or deliberately causes symptoms of illness in the child.</p> <p>https://www.nhs.uk/conditions/Fabricated-or-induced-illness/</p>
Faith abuse	<p>Faith and belief-based child abuse, including practices around 'spirit possession' and 'witchcraft', is a hidden crime, which makes it difficult to quantify in terms of magnitude.</p> <p>www.gov.uk/government/publications/nationalactionplanto-tackle-child-abuse-linked-to-faith-or-belief</p> <p>Further contacts for advice can be found from the local representatives for some faiths.</p> <ul style="list-style-type: none"> • An Exploration of Knowledge About Child Abuse Linked to Faith or Belief (2016) • National Action Plan to Tackle Child Abuse Linked to Faith or Belief (2012) • Safeguarding Children from Abuse Linked to a Belief in Spirit Possession (2007) this good practice guidance is archived but still available. • Eleanor Stobart report 2006: Child Abuse Linked To Accusations of Possession And Witchcraft (2006) • Unicef study report: Children Accused of Witchcraft • AFRUCA: Africans Unite Against Child Abuse
Female genital mutilation (FGM)	<p>Female Genital Mutilation (FGM) comprises all procedures involving partial or total removal or the external female genitalia. FGM is illegal in the UK and as of October 2015 mandatory reporting commenced. If education staff or other professionals discovers that an act FGM appears to have been carried out on a girl under 18 years old there is a statutory (legal) duty on teachers for them PERSONALLY to report it to the police.</p> <p>http://www.nhs.uk/Conditions/femalegenitalmutilation for NHS information and signs of FGM.</p> <p>Any suspicion of FGM should be referred to the Police and social care. - Annalise Price-Thomas (Head of Service) has completed the online home office training, 'Female Genital Mutilation: Recognising and Preventing FGM'</p> <p>- E-learning package http://www.fgmelearning.co.uk/ for interested staff or professionals (free home office elearning)</p>
Forced marriage	<p>UK Forced Marriage Unit fmu@fco.gov.uk Telephone: 020 7008 0151 Call 999 (police) in an emergency.</p>

	<p>www.gov.uk/stop-forced-marriage for information on Forced Marriage.</p> <p>Visit Home Office website to undertake Forced Marriage e-learning package https://www.gov.uk/forced-marriage.</p> <p>GSCB one day Awareness training delivered by Infobuzz www.gscb.org.uk</p> <p>Please see 'Multi-Agency Practice Guidelines- Handling cases of Forced Marriage' for more information and detail: https://www.gov.uk/forcedmarriage.</p> <p>Prevention Freedom Charity- Aneeta Prem 'But it's not fair' book. A book for teenagers looking at forced marriage. www.freedomcharity.org.uk</p> <p>The Freedom Charity (UK charity) have a helpline, text facility and app which can be downloaded to help to provide support and protection for victims of abuse, FGM or forced marriage. They can be contacted on tel: 0845 607 0133 or text 4freedom to 88802 or go to the website to download the app from the app page. https://www.gov.uk/forced-marriage.</p>
Gender-based violence/violence against women and girls	<p>https://www.gov.uk/government/publications/violence-against-women-and-girls-evidence-digest-january-2018</p> <p>For information about West Mercia Rape and Sexual Abuse visit: https://www.wmrsasc.org.uk/</p> <p>FGM (Female Genital Mutilation) is violence against women and girls. Forced marriage and so called 'Honour' based violence are a violation against human rights and is a high priority area of the national and local Violence Against Women and Girls Agenda. It is, primarily an issue for young women and girls aged between 13 and 30 years.</p> <p>Hope House SARC (Sexual Assault Referral Centre): 01452 754390 www.onyourmindglos.nhs.uk</p>
Gender Identity Issues	<p>The Gender Trust is a listening ear, a caring support and an information centre for anyone with any question concerning their gender identity, or whose loved one is struggling with gender identity issues. People who might be Transgender, Transsexual or people who do not identify with the gender they were assigned at birth.</p> <p>Address: 76 The Ridgeway, Astwood Bank, B96 6LX tel: 0845 231 0505 www.gendertrust.org.uk</p>
Hollie Guard-A new personal safety APP	<p>Hollie Guard-A new personal safety APP https://hollieguard.com/</p> <p>Children & Teens</p> <ul style="list-style-type: none"> • Hollie Guard keeps your entire family safe • Keep an eye on your children while they're traveling to and from school with Journey • Teens can get help quickly while out with friends. • Parents, guardians, and caregivers are automatically contacted by both SMS and email.
Honour based violence (HBV)	<p>'Honour' based violence (HBV) occurs when perpetrators believe a relative or other individual has shamed or damaged a family's or community's 'honour' or reputation (known in some communities as izzat), and that the only way to redeem the damaged 'honour' is to punish and/or kill the individual.</p> <p>'Honour' based violence is a term that is widely used to describe this sort of abuse however it is often referred to as so called</p>

	<p>'honour' based violence because the concept of 'honour' is used by perpetrators to make excuses for their abuse. There is a very strong link between 'honour' based violence, forced marriage and domestic abuse.</p> <p>The term 'Honour Based Violence' is the internationally recognised term describing cultural justifications for violence and abuse. Honour Based Violence cuts across all cultures and communities. The 'Honour Network Help line': 0800 5 999 247</p>
Mental Health	<p>We have some useful self-help guides available for you to access online. These self-help guides can be accessed via the link and selecting 'Self Help Guides': www.hacw.nhs.uk/a-toz/letter-s/Staying-Safe http://stayingSAFE.net/</p> <p>SANE 0845 767 800 Email: sanemail@org.uk www.sane.org.uk</p> <p>Samaritans 116 123 (24 hour helpline) www.samaritans.org.uk</p> <p>Rethink Mental Illness 0300 5000 927 www.rethink.org</p> <p>Mental Health Foundation www.mentalhealth.org.uk</p> <p>MIND 0300 123 3393 or text 86463 www.mind.org.uk</p> <p>Anxiety UK 08444 775 774 www.anxietyuk.org.uk</p> <p>If you are worried about your Child's mental health Herefordshire and Worcestershire Health and Care NHS Trust</p> <p>https://camhs.hacw.nhs.uk/</p> <p>Kooth https://www.kooth.com/ Kooth is an online mental wellbeing community which offers free, safe, and anonymous support</p> <p>Reach 4 Wellbeing Herefordshire and Worcestershire Health and Care NHS Trust</p> <p>https://camhs.hacw.nhs.uk/reach4wellbeing</p> <p>The Reach4Wellbeing team promotes positive wellbeing to reduce the stigma of mental health by providing short-term group programmes for children and young people age 5-18 experiencing mild to moderate anxiety and low mood</p>
Missing Children and Adults Strategy (vulnerable children and adults who go missing)	<p>Every year an estimated 200,000 people go missing in the UK and the vast majority of missing people, children and adults, are vulnerable and need protection and support. The strategy has three key objectives which provide the right foundations for any effective local strategy to tackle this issue:</p> <p>Prevention - reducing the number of people who go missing, including through prevention strategies, education work and early intervention in cases where children and adults repeatedly go missing</p> <p>Protection - reducing the harm to those who go missing, including through a tailored, risk-based response and ensuring agencies work together to find and close cases as quickly as possible at a local and national level</p> <p>Provision - providing support and advice to missing persons and families by referring them to agencies promptly and ensuring they understand how and where to access help.</p> <p>The police should be informed if any child or adult goes missing. The Missing Children and Adults strategy can then be referred to for further information and help. It is a home office publication (2011). https://www.gov.uk/government/publications/missing-children-and-adults-strategy</p> <p>https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/117793/missing-persons-strategy.pdf</p>

Private fostering	<p>National Fostering Agency (NFA) Call on: 0808 284 9226 Kinship Care Kinship care means that relatives or friends look after children who cannot live with their parents. Visit this website for more information:</p> <p>http://www.worcestershire.gov.uk/privatefostering</p>
Preventing Radicalisation and Extremism/HATE (PREVENT duty)	<p>www.educateagainsthate.com is the government website providing information and practical advice for parents, teachers and schools leaders on protecting children from radicalisation and extremism. Anti-Terrorist Hotline: tel 0800 789 321 Email Home office: counter.extremism@education.gsi.gov.uk.</p> <p>Let's talk about it is an excellent website for parents: www.ltai.info/ as is www.preventtragedies.co.uk</p> <p>While it remains very rare for school age children to become involved in extremist activity to the point of committing criminal acts, young people can be exposed to extremist influences or prejudiced views, including via the internet, from an early age. As with other forms of criminality or risk of harm, early intervention is always preferable. Schools, working with other local partners, families and communities, can help support pupils who may be vulnerable as part of wider safeguarding responsibilities.</p> <p>Channel guidance:</p> <p>https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/425189/Channel_Duty_Guidance_April_2015.pdf</p>
School holidays events	<p>Ready Steady Worcestershire - https://www.worcestershire.gov.uk/virtual-family-hub/ready-steady-worcestershire-holiday-activities-and-food-haf-programme</p>
Sexting/Sextortion/youth produced imagery	<p>http://www.nspcc.org.uk/preventingabuse/keepingchildrensafe/sexting (NSPCC website).</p> <p>https://www.westmercia.police.uk/article/8206/Sexting (West Mercia Police website)</p>
Sexual violence and sexual harassment between children in schools and colleges	<p>Advice from the WCC webpage:</p> <p>http://www.worcestershire.gov.uk/info/20379/domestic_abuse_and_sexual_violence/886/sexual_violence_and_abuse</p> <p>West Mercia Rape and Sexual Abuse Support Centre:</p> <p>https://www.wmrsasc.org.uk/</p> <p>01905 724 514</p> <p>Helpline opening times: Monday 7.30pm to 9.30pm Tuesday 1.00pm to 5.00pm Thursday 7.30pm to 9.30pm Friday 10.00am to 2.00pm</p>
Stalking	<p>General Advice:</p> <ul style="list-style-type: none"> • If it doesn't feel right it probably isn't! • Seek support from trusted family/friends • Report to the police and do this early • Keep a diary in a secure location • Screenshot emails etc and save them • Photograph/video your stalker if safely possible. • Get advice: Hollie Gazzard Trust, Paladin etc... • Tighten security; home, work and on-line

	<p>National Stalking Helpline For advice and support. The helpline operates a triage service for local support and make referrals - Phone: 0808 802 0300 Website: www.stalkinghelpline.org Email: advice@stalkinghelpline.org</p> <p>Paladin: National Stalking Advocacy Service For advice and referral. Phone line: 020 3866 4107 Email: info@paladinservice.co.uk Website: www.paladinservice.co.uk/ Hollie Gazzard Trust https://holliegazzard.org/</p>
Universal source of help for all families in Worcestershire: Worcestershire Family Information Service (FIS)	<p>Worcestershire Family Information Service (FIS) advisors give impartial information on childcare, finances, parenting and education. FIS are a useful source of information for parents and professionals. They support families, children and young people aged 0-19 years of age (25 for young people with additional needs) and professionals working with these families. They can help link parents up with other organisations that might be able to help or provide the information themselves.</p> <p>http://www.worcestershire.gov.uk/info/20507/childcare</p>
Worcestershire Virtual Family Hub –	<p>https://www.worcestershire.gov.uk/virtual-family-hub For information on range of different types of resources to help to support you and your family.</p>

Early Help is a pathway to supporting you and your child as they grow up when you or they may need further support or guidance.

Providing early help to our pupils and families at Ombersley Endowed First School means we can improve outcomes for children, families, and communities, providing support as soon as a problem emerges, at any point in a child's life, from the early years through to teenage years.

Early Help can support children and their families who may be struggling with:

- Routines and family rules
- Families who may be not be eating healthy food
- Keeping to a healthy lifestyle
- Children who are caring for a family member
- Children who may not want to go to school for different reasons
- Disability within the family including children being a young carer
- Children in the family have special educational needs (SEND)
- Children who may becoming involved in anti-social or criminal behaviour
- Children who go missing from home
- Children or parents / carers misusing drugs or alcohol
- Children at risk of being tricked, forced, or made to work in the criminal world
- Children who may need support because they may live in a home and see drug or alcohol abuse or adult mental health problems.
- Children who have parents who argue a lot (and sometimes might hurt each other) whether the parents live together or apart.
- Children at risk of being groomed to join groups which support illegal views
- A privately fostered child (a child from another family living within your family home)

Early help relies upon local groups and people in the community, sometimes we work together to help children, young people, and their families.

Everyone needs help at some time in their lives and therefore an ethos of early help is important for any school.

Local Services

Please include information on the services available in your local area / district...

Family Hub – Attach details	What's on during the school holidays? https://www.worcestershire.gov.uk/info/20643/the_family_hub
Youth and Community Centre –	Foodbank https://droitwichspa.foodbank.org.uk/
Early Help Family Support District Team	Library https://www.worcestershire.gov.uk/earlyhelpfamilysupport

Early Help Family Support Service:

The Early Help Family Support Service is delivered by Worcestershire Children First directly to families permanently living in Worcestershire who have children aged 0-18 years old and need help and support specifically from a Family Support Worker. For more information, please visit: [Worcestershire Children First Early Help Family Support Service | Worcestershire County Council](#)

Health (including mental health, emotional wellbeing, and sexual health)

[Social Prescribing: Onside Advocacy, Worcestershire \(onside-advocacy.org.uk\)](#)

Social Prescribers support you to take control of your health and look after yourself by making connections with the different types of community support available.

[CAMHS | Herefordshire and Worcestershire Health and Care NHS Trust \(hacw.nhs.uk\)](#)

CAMHS provides mental health help to children, young people and their families across Herefordshire and Worcestershire

[Home - Kooth](#)

Kooth is an online mental wellbeing community which offers free, safe, and anonymous support.

[Reach 4 Wellbeing | Herefordshire and Worcestershire Health and Care NHS Trust \(hacw.nhs.uk\)](#)

The **Reach4Wellbeing** team promotes positive wellbeing to reduce the stigma of mental health by providing short-term group programmes for children and young people age 5-18 experiencing mild to moderate anxiety and low mood.

[Papyrus UK Suicide Prevention | Prevention of Young Suicide \(papyrus-uk.org\)](http://papyrus-uk.org)

Papyrus can offer suicide prevent support providing free and confidential helplines, advice, webchats, and resources.

[Home | Healthy Minds \(whct.nhs.uk\)](http://whct.nhs.uk)

Healthy Minds' 24/7 mental health helpline provides support or advice if you, or someone you know, is experiencing a mental health crisis and needs urgent help. Its available 24 hours a day to anyone in Herefordshire and Worcestershire.

[Winston's Wish - giving hope to grieving children \(winstonswish.org\)](http://winstonswish.org)

Winston's Wish provide support for children and young people following the death of a sibling, parent, or a person important to a child.

[Sexual Health Know Your Stuff | Sexual health | Worcestershire County Council](#)

[Worcestershire Integrated Sexual Health Service \(WISH\) | Herefordshire and Worcestershire Health and Care NHS Trust \(hacw.nhs.uk\)](#)

WISH offer friendly and non-judgemental specialist services to support with information and advice, contraception, pregnancy, STIs and screening.

Under 21 Saturday Service - Clinic telephone lines are open between 10:00am – 12:30pm on Saturdays - Please call: 01905 681673 for further details.

Young People have a telephone consultation and are asked questions about their relationships. Callers will be advised what to do next and directed towards a clinic if necessary.

WISH have a dedicated Outreach nursing service. Referral forms can be found at www.knowyourstuff.nhs.uk. The Outreach team see young and vulnerable people who couldn't otherwise access sexual health services.

Free STI test kits and contraception: [SH:24 Free Home STI STD Test | Sexual & Reproductive Health \(sh24.org.uk\)](http://sh24.org.uk)

Bullying (including Cyberbullying)

If you are concerned your child or a child, you know is being bullied there are several services and useful links which can help you support your child as a parent.

In the first instance if bullying is happening at school, please speak to a member of staff who will be able to help.

The following links will provide you with more information if you or someone you know is being bullied:

[Kidscape | Resources and Publications](#)

Online Safety

If you have concerns around the safety of your child or a child you know online, the following links will provide you with information, support, and advice to help understand the risks and keep your child safe online:

- [Think U Know | Information for parents](#)

- [Online safety | Barnardo's \(barnardos.org.uk\)](https://www.barnardos.org.uk)
- [Educate Against Hate](#)
- www.internetmatters.org
- [BBC | 8 tips for staying safe online](#)

Sexting is the sending or receiving of sexually explicit images, videos or conversations online.

[Sexting and sending nudes | NSPCC](#)
[Think U Know | Parents Sexting Guide](#)

Relationships

The following services and links offer information, advice, and intervention on healthy relationships for your family and children:

- [Healthy relationships | NSPCC](#)
- Challenges at home: [Harmony at Home – information and support for parent carers | Worcestershire County Council](#)
- CRUSH is an awareness raising and support programme to help young people make safe and healthy relationships. <http://www.westmerciawomensaid.org/crush/>

Friendships and relationship in teenagers

Making friends and starting new relationships are a big part of getting older. It's very common to fall out with friends or break up from relationships – which can be very difficult to deal with. You might also be in a relationship that doesn't feel right and need some advice about what to do. The websites below contain lots of information about making friends, peer pressure, healthy and unhealthy relationships, sex and much more. There is also information available for parents around how to talk to your child about friendships, sex and relationships.

[Childline - Friends, relationships and sex \(opens in a new window\)](#)

[NHS Choices - How to talk to your child about sex \(opens in a new window\)](#)

[NHS Choices - Sex and young people \(opens in a new window\)](#)

SEND (Special Educational Needs and/or Disabilities)

If you are looking for information or advice the following links will help you:

[SEND Local Offer | Worcestershire County Council](#) or contact localoffer@worcschildrenfirst.org.uk

SEND Information, Advice, Support Service [SENDIASS Worcestershire and Herefordshire \(hwsendiass.co.uk\)](http://www.sendiass.co.uk)

[Social care support for children with disabilities | Worcestershire County Council](#)



The Online Family Hub has been developed to provide you with a range of different types of resources that are available to you online, on the phone or face to face that you can access directly.

The Family Hub can offer you support and information with the challenge's family life can bring.

[The Family Hub | Worcestershire County Council](#)



Early Help in Worcestershire have created a booklet to help families find out about the help and support available in the county for children and young people aged 0-18 years old. The new booklet will help you and families find the most appropriate support.

To download this booklet, please visit: [The Family Hub | Worcestershire County Council](#)

Worcestershire Young Carers

Worcestershire Young Carers aim to identify, and support children and young people aged 7 to 24 years who have a caring role within the home and help look after a parent, sibling, or grandparent due to illness, disability, physical or mental health difficulties or substance misuse.

[Worcestershire Young Carers/Shropshire Young Carers | YSS](#)

[Carers | Worcestershire County Council](#)

Finance, Housing and Employment

If you are facing challenges around employment and income, please contact the local job centre who can offer support with jobseekers' allowance, incapacity benefit, employment and support allowance and income support:

[Local] Job Centre Plus,

Worcester Job Centre Plus, Haswell House, Sansome Street, Worcester, WR1 1UZ
Telephone: 0845 6043719

Citizen's Advice Bureau [Worcester Citizens Advice Bureau and WHABAC \(Worcester Housing and Benefits Advice Centre\) \(citizensadviceworchester.org.uk\)](http://citizensadviceworchester.org.uk)

Building Better Opportunities is a service to help local people move closer to employment.
[Building Better Opportunities \(fusionworcs.co.uk\)](http://fusionworcs.co.uk)

For information on what financial and housing support is available in Worcestershire, please visit:

[Housing and finances | The Family Hub | Worcestershire County Council](#)

Parenting Support

Parenting support, information, groups, and courses. For information on the groups available please visit: [Parenting groups | Starting Well \(startingwellworcs.nhs.uk\)](http://startingwellworcs.nhs.uk)

Parenting Talk is an online hub offering information, advice, and a free confidential online chat with a parenting advisor.

[Parent Talk - Support for Parents from Action For Children](#)

Homestart can work with you to provide one to one support in the family home each week. This service provides support tailored to your needs and can help you as parents they learn to cope and build confidence to provide as best you can for your children.

[Home-Start | South Worcestershire \(home-startsw.org.uk\)](http://home-startsw.org.uk)

Family Information Service

Do you need advice and support around finding childcare? The following link will provide you with the contact details of the Family Information Service's District Teams: [Family Information Service | Worcestershire County Council](#)

Substance Misuse

[Swanswell - Cranstoun](#)

Here 4 Youth is support service for children and young people up to the age of 18 who may be struggling with their use of drug and / or alcohol. [Here4YOUth Worcestershire - Cranstoun](#)

Do you have a family member in prison?

Do you have a family member in prison which is having an impact on your child? Support is available to work with both the person in prison and your family.

[NICCO](#)

Families First provides support and guidance in a safe space, to enable the whole family to cope with the demands of having a partner, and parent, in prison: [Families First | YSS](#)

Get Safe

If you are worried your child is at risk of being tricked, forced, or made to work in the criminal world please speak to a member of staff and visit [Get Safe](#) for help and information.

If you are experiencing any of these challenges or issues affecting family life, please contact a member of staff who will be happy to provide you further advice and support.