

# Knowledge organiser: All about me!

## Books

**So Much** by Trish Cooke  
**Owl Babies** by Martin Waddell  
**My World, Your World** by Melanie Walsh  
**Guess How Much I Love You** by Sam McBratney  
**Funnybones** by Janet and Allan Ahlberg  
**Once there were Giants** by Martin Waddell  
**Not Now Bernard** by David McKee  
**Dogger** by Shirley Hughes

## Questions

What makes me special?  
How am I the same as my friends? How am I different?  
Who is in my family?  
What do families do together?  
What can my body do?  
How do we show kindness to others?  
How have I changed since I was a baby?  
What can I do now that I couldn't do before?  
What helps me to stay healthy?  
Can I talk about where I live?  
How can I show kindness to my friends?  
What do we celebrate together?  
What do I want to learn this year?  
How do we take care of our classroom and our world?



## Activities we will enjoy...

Self-Portrait Art – using mirrors, paints, and pastels to show how we look now.  
Family Tree Project – creating simple family trees to show who is special to us.  
Healthy Eating Day – tasting fruit and vegetables, making a class snack together.  
Local Walk – exploring the area around our school and noticing homes, shops, and parks.  
Visitor: A Nurse or Dentist – learning how to look after our bodies.  
Birthday Celebrations – recognising each child's special day with songs and stories.



Play is at the heart of everything we do. It is through play that children make sense of the world, build friendships, solve problems, and begin their journey into reading, writing and maths.



## Vocabulary

### Identity & Belonging

me, myself, family, relative, unique, individual, belong, community, neighbour, generation, tradition, heritage, culture

### Body & Movement

head, shoulders, elbows, ankles, wrist, spine, skeleton, heartbeat, muscles, stretch, balance, co-ordination, movement, flexible, posture

### Senses & Descriptions

see, hear, smell, taste, touch, texture, smooth, rough, prickly, crunchy, bitter, sweet, sour, spicy, whisper, echo, silence, noise

### Feelings & Emotions

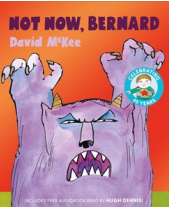
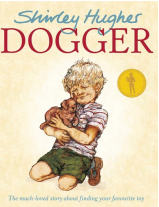
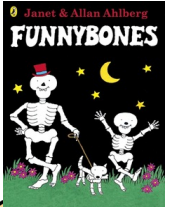
happy, sad, cross, worried, excited → expanded to: joyful, delighted, frustrated, anxious, curious, proud, shy, calm, peaceful, confident, brave, thoughtful, surprised, embarrassed, hopeful

### Daily Life & Routines

morning, afternoon, evening, bedtime, weekend, celebration, birthday, memory, photograph, past, present, future

### Mathematical Words in Context

count, subitise, compare, equal, estimate, more, fewer, pattern, sequence, order, symmetry, measure, height, length, taller, shorter



## Communication & Language

Focus: Sharing experiences, talking about ourselves, listening carefully.

**Listen to and talk about stories, building familiarity and understanding.**

**Use new vocabulary in different contexts.**

**Express ideas and feelings using full sentences with connectives.**

Activities: Circle times about our families, describing ourselves, retelling our favourite stories, singing action songs, sharing stories about our lives.

## Personal, Social & Emotional Development

Focus: Settling in, learning routines, making friends, recognising feelings.

**See themselves as a valuable individual.**

**Build constructive and respectful relationships.**

**Identify and moderate their own feelings socially and emotionally.**

Activities: Sharing stories and emotions, class rules charter, role play, kindness certificates.

## Expressive Arts and Design

Focus: Expressing ourselves through art, music, and role play.

**Explore and use a variety of materials, tools, and techniques.**

**Share creations and explain the process.**

**Invent, adapt, and recount narratives and stories with peers.**

Activities: Painting self-portraits, family collage, role play in the Home Corner, exploring instruments, singing, playing drama games.

## Physical Development

Focus: Strengthening bodies and hands; caring for ourselves.

**Negotiate space and obstacles safely, with control and coordination.**

**Develop small motor skills to use tools effectively, including pencils and scissors.**

**Know and talk about the importance of healthy eating, exercise, and hygiene.**

Activities: Jumping, climbing, balancing, throwing, catching, rolling, kicking, threading, using tweezers, cutting with scissors, drawing, painting, building and constructing.

## Literacy

Focus: Enjoying stories, developing early reading and writing skills.

**Read individual letters by saying sounds.**

**Blend sounds to read short words.**

**Write recognisable letters, most formed correctly.**

**Spell words by identifying the sounds and writing them.**

Activities: Phonics activities, name writing, creating "All About Me" books, story maps, mark making, writing through play.

## Maths

Focus: Counting, comparing, recognising numbers, noticing patterns.

**Count objects, actions, and sounds reliably.**

**Subitise up to 5.**

**Compare quantities using mathematical language.**

**Explore and recognise 2D and 3D shapes.**

Activities: counting objects, comparing amounts, matching numbers to quantities, subitising to 5, recognising numerals, exploring patterns, building with 2D/3D shapes, measuring and comparing length, height and capacity.

## Understanding the World

Focus: Exploring family, community, and senses.

**Talk about the lives of people around them and their role in society.**

**Know some similarities and differences between themselves and others.**

**Explore the natural world and describe what they see, hear, and feel.**

Activities: Making family trees, comparing baby photos, investigating five senses, tasting different fruits, talking about celebrations at home.

**YOU ARE  
Amazing**